

My Daily Prayer
Written by John Eldredge
Customized by Mike Hansen

Customized parts of this prayer are *italicized*.
Bible references added.

Begin: Bible reading on Praise – give praise and thanks to God

My dear Lord Jesus, I come to you now to be restored in you, renewed in you, to receive from you all the grace and mercy I so desperately need this day. I honor you as my Sovereign, and I surrender every aspect and dimension of my life totally and completely to you. I give to you my spirit, soul, and body, my heart, mind, and will. I cover myself with your blood—my spirit, soul, and body, my heart, mind, and will, *along with my appetite*. I ask your Holy Spirit to restore me in you, renew me in you, and lead this time of prayer. In all that I now pray, I include [the most important people in your life] and I cover them with your blood—their spirit, soul, and body, their heart, mind, and will. I ask your Spirit to restore them in you and include them in all that I now pray. In all that I now pray, I stand in total agreement with your Spirit and with all those praying for us by the Spirit of God and by the Spirit of God alone.

Dearest God, holy and victorious Trinity, you alone are worthy of all my worship, my heart's devotion, all my praise, all my trust, and all the glory of my life. I love you, I trust you, I worship you, and *in full obedience*, I give myself over to you in my heart's search for life. [Ps. 46:1-2] You alone are Life, and you have become my life. I renounce all other gods, every idol, and I give to you the place in my heart and in my life that you truly deserve. This is all about you, God, and not about me; you are the Hero of this story, and I belong to you. I ask your forgiveness for my every sin. I renounce my sins. I ask you to search me and know me [Ps. 139:23-24] and reveal to me where you are working in my life, *reveal to me all that separates me from you and any barriers between us* and grant to me the grace of your healing, deliverance, your holiness, and a deep and true repentance. [which is a gift: Acts 5:31, 11:18, SC 26] *I give you full permission to show me my shortcomings and my need. I don't seek condemnation for my sin, but I seek more of Jesus, more of you, not more of my sin to confess. PAUSE and CONFESS Lay hands on the Lamb. Claim forgiveness, cleansing, washing and purity.* [John 1:29; 1 John 1:9; Luke 8:17]

Heavenly Father, thank you for loving me and choosing me before you made the world. You are my true Father—my creator, redeemer, sustainer, and the true end of all things, including my life here on earth. I love you, I trust you, I worship you. I give myself over to you, Father, to be one with you in everything as Jesus is one with you. [John 17:20-23] Thank you for proving your love by sending Jesus; I receive him and all his life and all his work which you ordained for me. Thank you for including me in Christ, for forgiving me my sins, for granting me his righteousness, for making me complete in him and in need of nothing more. Thank you for making me alive with Christ, raising me with him, seating me with him at your right hand, establishing me in his authority, and anointing me with your love, your Spirit, and your kingdom. I receive it with thanks and give it total claim to my spirit, soul, and body, my heart, mind, and will *along with my appetite and choices*. I bring the life and work of the Lord Jesus Christ over my life today, over my home, my family, my household, throughout my kingdom and domain.

Jesus, thank you for coming to ransom me with your own life. I love you, I worship you, I give myself over to you to be one with you today in purpose and in all things—spirit, soul, and body, heart, mind, and will *along with my appetite*. I sincerely receive all the work and triumph in your cross, death, blood, and sacrifice, through which my every sin is atoned for, I am ransomed and delivered from the kingdom of darkness and transferred to your kingdom of light, my sin nature is removed, my heart is circumcised unto God, [Col. 2:6-15] and every claim being made

My Daily Prayer
Written by John Eldredge
Customized by Mike Hansen

against me is disarmed this day. I now take my place in your cross and death, dying with you to sin, to my flesh, to this world, to the evil one and his kingdom. I take up the cross and [Luke 9:23; Gal. 2:20, 6:14] crucify my flesh with all its pride, arrogance, unbelief, and idolatry I put off the old man, *who lives in...* [Currently: *Name the habits and flaws of the old man*] *I deny myself and I give up the old man's dreams.* Apply to me all the work in your cross, death, blood, and sacrifice. I receive it with thanks and give it total claim to my spirit, soul, and body, my heart, mind, and will, along with my appetite.

I bring the blood and sacrifice of the Lord Jesus Christ over my life today, over my home, my family, my household, my vehicles, finances, over all my kingdom and domain. I bring the cross, death, blood, and sacrifice of Jesus Christ against Satan, against his kingdom, against every foul and unclean spirit, every foul power and black art, against every witch, and against every human being and their spirit, their warfare and household. I bring the cross, death, blood, and sacrifice of the Lord Jesus Christ to the borders of my kingdom and domain, and I stake it there in the name of Jesus Christ.

Jesus, I also sincerely receive you as my Life, and I receive all the work and triumph in your resurrection, through which you have conquered sin, *eternal* death, judgment, and the evil one. Death has no power over you, nor does any foul thing. And I have been raised with you to a new life, to live your life—dead to sin and alive to God. I take my place now in your resurrection and in your life, and I give my life to you to live your life. I am saved by your life. I reign in life through your life. I receive your hope, love, faith, joy, your beauty, your goodness, trueness, wisdom, power, and strength. Apply to me all the work and triumph in your resurrection; I receive it with thanks and I give it total claim to my spirit, soul, and body, my heart, mind, and will along with my appetite.

I bring the resurrection of the Lord Jesus Christ over my life today, over my home, my family, my household, my phone, my vehicles, finances, over all my kingdom and domain. I bring the resurrection and the empty tomb of Jesus Christ against Satan, against his kingdom, against every foul and unclean spirit, every foul power and black art, against every witch, and against every human being and their spirit, their warfare, and household. I bring the resurrection and the empty tomb of the Lord Jesus Christ to the borders of my kingdom and domain, and I stake it there in Jesus' name.

Jesus, I also sincerely receive you as my authority, rule, and dominion, my everlasting victory against Satan and his kingdom, and my ability to bring your Kingdom at all times and in every way. I receive all the work and triumph in your ascension, through which Satan has been judged and cast down, and all authority in heaven and on earth has been given to you. *All authority in the heavens and on this earth has been given to you, Jesus,* and you are worthy to receive all glory and honor, power and dominion, now and forever. [Matt. 28:18; Rev. 5:12] I take my place now in your authority and in your throne, through which I have been raised with you to the right hand of the Father and established in your authority. I give myself to you, to reign with you always. [Dan. 7:27; Rev. 5:10] *I claim and therefore live with and in Kingdom authority for my life today.* Apply to me all the work and triumph in your authority and your throne; I receive it with thanks, and I give it total claim to my spirit, soul, and body, my heart, mind, and will, along with my appetite. *And help me to humbly wield kingdom authority today and always.* [x 2]

I now bring the authority, rule, and dominion of the Lord Jesus Christ over my life today, over my home, my family, my household, my vehicles, finances, over all my kingdom and domain. I now bring the authority, rule, and dominion of the Lord Jesus Christ and the fullness of the work of

My Daily Prayer
Written by John Eldredge
Customized by Mike Hansen

Christ against Satan, against his kingdom, against every foul and unclean spirit—every ruler, power, authority, and spiritual force of wickedness, their every weapon, claim, and device. [For me: *name spirits waring against your soul such as hopelessness, jealousy, etc*] I send all foul and unclean spirits bound to the throne of Christ, together with every back-up and replacement, every weapon, claim, and device—by the authority of the Lord Jesus Christ and in his name. I command the judgment of the Lord Jesus Christ upon the heads of those that refuse to obey, and I send them to judgment, by the authority of the Lord Jesus Christ and in his name.

I now bring the authority, rule, and dominion of the Lord Jesus Christ and the fullness of the work of Christ against every foul power and black art—every hex, vex, and incantation, every spell, weave, web, veil, shroud, charm, and snare; against every ritual, and device; against every vow, dedication, and sacrifice, every word, judgment, and curse—written, spoken, unspoken, or transferred to me or my family and household. I command them disarmed and broken by the authority of the Lord Jesus Christ and in his name.

I now bring the authority, rule, and dominion of the Lord Jesus Christ and the fullness of the work of Christ against every witch, cult, and coven, every channel of black arts to me. I cut them off in the name of the Lord; I send the glory of God to them to turn them in Jesus' name. I now bring the authority, rule, and dominion of the Lord Jesus Christ and the fullness of the work of Christ between me and every human being—their spirit, soul, body, their sin, warfare, and their household. I bring the full work of Christ between me and [name people you may be interacting with who need spiritual support]. I command their human spirits bound back to their bodies and their warfare bound to the throne of Christ in their life. I bring the full work of Christ between me and my household and all people, in the authority of Jesus Christ and in his name.

*I allow only the love of Christ and kingdom of God
between me and every human being, in Jesus' name.* **x2 or 3**

Holy Spirit, thank you for coming. I love you, I worship you, I trust you. I honor you as Lord. I receive all the work and triumph in Pentecost, through which you have come, you have clothed me with power from on high, sealed me in Christ, become my union with the Father and the Son, the Spirit of truth in me, the life of God in me, my counselor, comforter, strength, and guide. I honor you as Lord, and I fully give to you every aspect and dimension of my spirit, soul, and body, my heart, mind, and will, *along with my appetite*—to be filled with you and you alone, to walk in step with you in all things. *I surrender and submit fully today in complete obedience.* Fill me afresh, Holy Spirit. [Take 2 or 2 unhurried deep breaths] Restore my union with the Father and the Son. [*union = effectiveness in power and work; restfulness, peace*] Lead me into all truth, anoint me for all of my life and walk and calling, and lead me deeper into Jesus today and today only. I receive you with thanks, and I give you total claim to my life. *Please give me today's wisdom from your infinite stores. Keep me humble and dependent on you and you alone, along with your patience and trust in your timing, not my expectations.*

Heavenly Father, thank you for granting to me every spiritual blessing in Christ Jesus. [Eph. 1:7-8] I claim the riches in Christ Jesus over my life today, along with my home, my family, my work, over all of my kingdom and domain and all who I pray for. *Keep my prayers effective through time and space by the blood of Christ.* I bring the blood of Christ once more over my spirit, soul, and body, over my heart, mind, and will, *along with my appetite.* I put on the full armor of God: the belt of truth, breastplate of righteousness, shoes of the gospel, helmet of salvation; I take up the shield of faith and sword of the Spirit, and I choose to be strong in the Lord and in the strength of your might, to pray at all times in the Spirit. [Eph. 6:18] *Help me remember today's*

My Daily Prayer
Written by John Eldredge
Customized by Mike Hansen

picture prayers and intercessions. [Pray for known needs of others, especially those who've asked or expressed; pray the blood of Christ over those I pray for. Picture prayers are those prayers expressed without language or words to God]

Jesus, thank you for your angels. I summon them in the name of Jesus Christ and instruct them to destroy all that is raised against me, to establish your Kingdom over me, to rebuild the shields and hedges of protection around me and my household, and to minister to me your ministry. I ask you to send forth your Spirit to raise up prayer and intercession for me.

God, in my distractable world and mind, help me focus and be a man of focused energy. Show me my worst distractions so I can make an effort to minimize them. Help me to have more self-control and enable my mind to focus on one task at a time – give me “mind blinders” to keep my thoughts away from the periphery of so much that wants my attention. And while I am focused, help me to accomplish more for you in an hour, or 20 minutes than a half day of distractions.

I now give my day to you, Jesus. My calendar and appointments. My plan, within your plan, to work as you see fit. What comes today, I trust you. I give away all my worries and cares, casting them on you, because you care for me. [1 Pet. 5:7 – What am I giving away?] God, you are bigger than all my cares and problems. That's why I cast them on you Lord Jesus Christ. I give them to you because my own solutions will inevitably cause more problems. Jesus your burden is light and I pray to live lightly, from a place of restfulness [SC 70], trust and peace today. However, burden me as you see fit while still living lightly. I give away cares but live into my responsibilities today.

Give my weary soul the full joy of heavenly companionship and union with the wonderful anticipation of what is to come for your children and Creation. Fuel my imagination of the eternal home that is the New Jerusalem, earth made new and universe to fully explore and visit throughout eternity soon to come.

One Liner Prayers

Bring joy into my world through me today.

Father, I entrust my heart in your hands today.

I consecrate my appetite for God's holy purposes, not my impulsivity and shallow choices.

Rescue me from the sins of comparison and false expectations.

Help me to reduce any resistance or hinderance to your limits through me today; keep showing these to me through the day.

Today, I choose to overcome by the blood of the Lamb. [Revelation 12:11]

I now call forth the kingdom of the Lord Jesus Christ throughout my home, my heart, my household, my kingdom, and domain in the authority of the Lord Jesus Christ, giving all glory and honor and thanks to him. In Jesus' name, amen.

More versions of prayers, including audio versions, can be found at Wild at Heart's website:
www.wildatheart.org/pray

An audio version of this prayer along with a downloadable PDF with Mike's customizations can be found at www.thestoryisending.com/dailyprayer